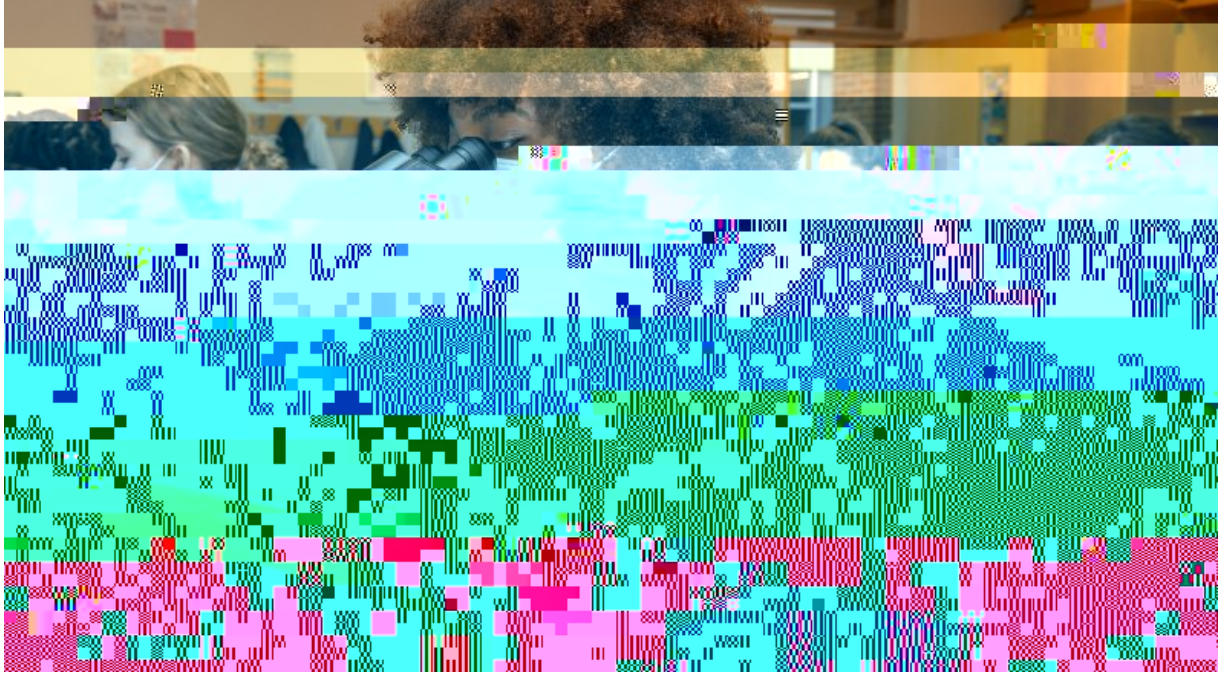


Engaging Learners • Making Discoveries • Improving Health

Tuesday, February 6, 2024

In a concerted effort to strengthen the bridge between student experiences and administrative support, the Old Dominion University (ODU) College of Health Sciences established the Student Advisory Council. Comprised of representatives from each program, the council was formed with the primary goal of providing students with an avenue to express concerns, share information, and foster a deeper understanding of the varied u



Old Dominion University's College of Health Sciences proudly introduces the new Pre-Clinical Studies major, a Bachelor of Science in Health Sciences (B.S.H.S.) degree program. Designed to cater to the aspirations of students with an interest in graduate health professions, this major offers an array of flexible paths tailored to individual interests.

The Pre-Clinical Studies major sa

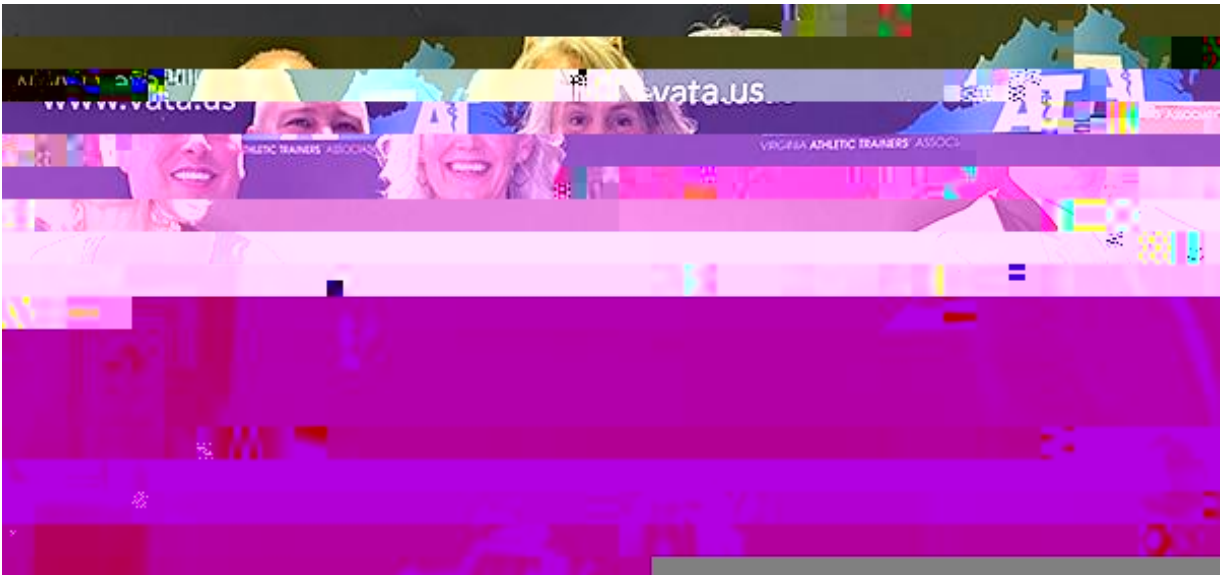
There's a beacon of hope for those striving to turn their resolutions into enduring lifestyle changes: Old Dominion University's Wellness Institute and Research Center (WIRC). Dr. Leryn Reynolds, Director of the WIRC, sheds light on how the institute can serve as a catalyst for sustained wellness journeys.

"The Wellness Institute and Research Center really has three branches," explains Dr. Reynolds. The first branch offers community-based, individualized, and supervised small group exercise programs: T.E.M.P.O. and Forever Fit.

[Click here to continue reading.](#)

The Dean's List is announced at the end of each term. We congratulate the students listed below, whose academic performance for Fall Semester 2023 qualified them for recognition on the Dean's List. These students earned a 3.40 or better grade point average while completing twelve or more hours in the semester.

[Click here to see the list of students.](#)



Bonnie Van Lunen, Dean of Old Dominion University's College of Health Sciences, was recently inducted into the Virginia Athletic Trainers' Association's Hall of Fame or brecently



Dr. Julie Cavallario, Associate Professor in the ODU College of Health Sciences and Graduate Program Director for the Athletic Training Program, has been honored with the 2024 Researcher Athletic Trainer of the Year award by the Virginia Athletic Trainers' Association (VATA). Selected from a competitive pool of athletic trainers across Virginia, Dr. Cavallario's excellence in practice and her significant contributions to the field of athletic training were recognized during VATA's annual meeting in Hampton, VA.

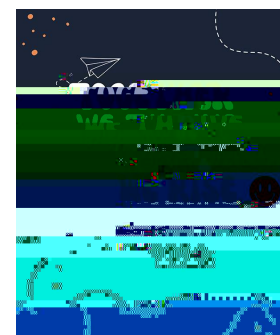
VATA President, Michael Kotelnicki, praised Dr. Cavallario's research endeavors, stating, "Dr. Cavallario is a leading researcher and advocate in athletic training clinical education and professional advancement." Dr. Cavallario's extensive body of scholarly work, including numerous published research articles and successful grant-funded projects, underscores her commitment to advancing the standards of athletic training research. Her dedication to elevating the profession is applauded by colleagues.

In celebrating Dr. Cavallario's achievement, the College of Health Sciences proudly acknowledges her invaluable contributions to the continued growth and development of athletic training and health sciences.

Angela Wilson, Clinical Assistant Professor, in the School of Medical Diagnostic & Translational Sciences receives CURE grant for her project titled, "Investigating Bacteria isolated in Dental Caries of Siblings."

[Click here to read the full story.](#)

Every February the American Therapeutic Recreation Association (ATRA) celebrates Recreational Therapy (RT) month to celebrate and advocate for the profession, as well as to educate their communities about the power of recreational therapy. This year's theme is "Together We Thrive, Together We Rise!" Please take some time this month to recognize recreational therapy faculty this month.





Dental Hygiene's Winter Weekend Continuing Education Program returns on February 23-24, 2024, offering dental hygiene professionals a valuable opportunity to expand their expertise. Designed for an immersive learning experience, the program presents a curated lineup of courses, providing participants with 15 CE hours. Courses are offered virtually, allowing attendees to engage in live and recorded webinars at their convenience.

Complementing the virtual offerings, an in-person Winter Weekend Exhibit Hall awaits attendees on February 24, 2024, at the Priority Club in S.B. Ballard Stadium from 6 p.m. to 8:00 p.m. This exclusive event provides a space for networking, exploration of exhibits, and gaining insights in a more interactive setting. [Event details and registration information can be found on the official website.](#)



Five ODU students competed in the University's seventh annual 3-Minute Thesis (3MT®) competition on Jan. 19 at the University Theatre, including Emily Regan, a graduate student in dental hygiene.

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